



# BIOGRAPHY



*UNITED STATES AIR FORCE*

## COLONEL JULIE R. OSTRAND

Col. Julie R. Ostrand is the Commander, 55th Medical Group, 55th Wing, Offutt Air Force Base, Nebraska. She is responsible for a four-squadron, 612-person health care delivery system providing care to more than 51,000 Department of Defense beneficiaries. She oversees the post-graduate education and training of more than 150 medical and dental personnel annually, to include the 55th Medical Group Family Medicine Residency and Dental Residency Programs. Additionally, she serves as the principal medical advisor to the 55th Wing Commander and is responsible for providing comprehensive health services to maintain the highest degree of readiness in support of contingency war mobilization and Homeland Defense plans for Offutt Air Force Base, 50 associate units, U.S. Strategic Command and the 557th Weather Wing



Col. Ostrand was commissioned into the Nurse Corps in 1992 after completing her Bachelors of Arts in Nursing. In 2005 she earned a Master of Science in Nursing from the University of Minnesota Twin Cities and became a board certified Women's Health Nurse Practitioner. Additionally, Col. Ostrand is a 2015 Air War College graduate.

Colonel Ostrand commanded the 39th Medical Operations Squadron, the 6th Medical Operations Squadron, and the 5th Medical Group. In addition, she has served as Chief Nurse Executive, led at the element and flight levels in both inpatient and outpatient settings, and has experience as a medical, surgical, and labor and delivery nurse.

### EDUCATION

1992 Bachelor of Arts in Nursing, Concordia College, Moorhead, Minn.  
1993 USAF Nurse Internship Program, Eglin AFB, Fla.  
1998 Squadron Officer School, Maxwell AFB, Ala.  
1999 Nursing Service Management, Sheppard AFB, Texas  
2005 Masters of Science in Nursing WHNP, University of Minnesota Twin Cities, Minn.  
2007 Air Command and Staff College, correspondence  
2012 Air War College, correspondence  
2012 USAFE Squadron Commander Course  
2015 Master of Science Strategic Studies, Air War College, Air University, Maxwell AFB, Ala.

### ASSIGNMENTS

1. September 1992 - February 1993, Nurse Internship Program, Eglin AFB, Fla.
2. March 1993 - October 1995, clinical nurse, Multiservice Unit, Maxwell AFB, Ala.
3. October 1995 - October 1996, clinical nurse, Obstetrical Unit, Maxwell AFB, Ala.
4. October 1996 - January 1997, clinical nurse, Family Care Unit, Grand Forks AFB, N.D.
5. January 1997 - October 1998, Nurse Manager, Maternal/Child Flt, Grand Forks AFB, N.D.
6. October 1998 - November 1999, Family Care Unit Element Chief, Grand Forks AFB, N.D.
7. November 1999 - July 2003, clinical nurse, Family Care Unit, Bitburg AFB, Germany

8. August 2003 - July 2005, AFIT student, University of Minnesota, Minneapolis, Minn.
9. July 2005 - January 2007, women's health nurse practitioner, Elmendorf AFB, Alaska
10. January 2007 - August 2009, Element Chief, Women's Health Clinic/WHNP, Elmendorf AFB, Alaska
11. August 2009 - September 2010, Surgical Specialties Flight Commander, Mountain Home AFB, Idaho
12. September 2010 – May 2012, OB/GYN Services Flight Commander, Mountain Home AFB, Idaho
13. June 2012 – June 2014, 39th Medical Operations Squadron Commander, Incirlik Air Base, Turkey
14. July 2014 – May 2015, Air War College student, Maxwell AFB, Ala.
15. June 2015 – May 2017, Commander, 6th Medical Operations Squadron, MacDill AFB, Fla.
16. June 2017 – July 2019, Commander, 5th Medical Group, Minot AFB, N.D.
17. July 2019 – Present, Commander, 55th Medical Group, Offutt AFB, Neb.

#### **MAJOR AWARDS AND DECORATIONS**

Meritorious Service Medal with four oak leaf clusters  
Air Force Commendation Medal with one oak leaf cluster  
National Defense Service Medal with one bronze star  
Global War on Terrorism Service Medal  
Humanitarian Service Medal with one bronze star  
Nuclear Deterrence Operations Service Medal

#### **OTHER ACHIEVEMENTS**

2002 52nd Medical Group Company Grade Officer Nurse of the Year  
2007 Alaska's March of Dimes Advance Practice Nurse of the Year  
2007 Pacific Air Forces Nurse Practitioner of the Year

#### **EFFECTIVE DATES OF PROMOTION**

Second Lieutenant July 11, 1992  
First Lieutenant July 11, 1994  
Captain July 11, 1996  
Major September 1, 2004  
Lieutenant Colonel May 1, 2011  
Colonel October 1, 2015

(Current as of *August 2019*)